

- Introduction/Opening Prayer (10 minutes)
 - Discuss what students did last week for home formation (talk to parents about prayer written reflections)
 - Opening Prayer - Read Jn 1:35-51
 - Lead group in a prayer
- Read and Discuss Page 6 (10 minutes)
 - Students can read aloud
 - Possible discussion questions
 - Why do famous people seem to have these problems?
 - Are they happy?
 - What really brings us happiness (long term vs. short term)?
- Watch and discuss video segments (5 minute clips, 10 minute discussions – suggest 5 minute break btw 2nd and 3rd)
 - 1st clip discussion questions (can have students put answers on chalkboard to get them moving)
 - What is the goal of life?
 - What makes us happy?
 - Why do/don't those things make us happy?
 - 2nd clip discussion questions
 - Was Leah really happy? Why did she do modeling?
 - What makes people famous? Do you admire those traits or not?
 - Does fame/wealth/success equal happiness?
 - 3rd clip discussion questions
 - Who is happy in your life? Why are they happy?
 - Whom do you admire, why?
 - How is God at work in your life?
- Read and discuss pp 8-9 (15 minutes)
 - What did Brian really want?
 - How do we understand Ps 37:4?
 - Where is God calling you?
 - How can following God's calling bring you happiness?
 - How might it not make you happy?
- Look at St. Anthony the Great
 - Home formation for next week
 - Identify someone in your life who seems happy, write why you think they are happy.
 - Do challenges on pg 11
 - Close with prayer