VIRTUES are habitual ways of thinking and behaving.

Virtues are habits and dispositions of the Mind that:

- 1. Govern our actions and emotions
 - 2. Guide our conduct
 - 3. Enable self-mastery
- 4. Allow us to freely practice the Good.

Theological Virtues

Faith (Belief) Hope (Trust) Charity (Love)

Human Virtues Cardinal Virtues

Knowledge Prudence - Seeing ahead Wisdom

Compassion govern + oneself by reason Justice

Justice – dealing with others Generosity Fortitude

Service Love -religion -piety Lovalty Positive Attitude Patriotism -gratitude Hard Work

Forgiveness Integrity Fortitude- by firmness in difficulties +constancy

Empathy Gratitude Temperance

Freedom Humility -conscience Wisdom Bravery -humility Fairness -meekness

Capital Virtues

Chastity, Temperance, Charity, Diligence, Patience. Kindness, Humility other Concord Sobriety, Good Works, Faith Others

Liberality, Magnificence, Magnanimity, Friendliness

Dangers to Human Virtues

Wealth, Pleasure, Business, Science, Politics, Knowledge*

Gifts of the Holy Spirit

Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, Reverence + Awe Fruits of the Holy Spirit

Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-Control

Parents can only give good advice or put their children on the right path. The final forming of a person's character lies in their own hands.—Anne Frank